2026-2027 年度上課時間表

<table>
<tr><td>課節</td><td></td><td>星期一</td><td>星期二</td><td>星期三</td><td>星期四</td><td>星期五</td></tr>
<tr><td></td><td>08:00 - 08:15</td><td colspan="5">早會/早操/靈修/升旗禮</td></tr>
<tr><td></td><td>08:15 - 08:25</td><td colspan="5">班主任課</td></tr>
<tr><td>第一節</td><td>08:25 - 09:00</td><td colspan="5" rowspan="2">中文、英文、數學、常識、(P.1、2、4、5 人文、科學)
普通話、視藝、音樂、體育、資訊科技、圖書、聖經</td></tr>
<tr><td>第二節</td><td>09:00 - 09:35</td></tr>
<tr><td></td><td>09:35 - 09:45</td><td colspan="5">小息(10 分鐘)</td></tr>
<tr><td>第三節</td><td>09:45 - 10:20</td><td colspan="5" rowspan="3">中文、英文、數學、常識、(P.1、2、4、5 人文、科學)
普通話、視藝、音樂、體育、資訊科技、圖書、聖經</td></tr>
<tr><td>第四節</td><td>10:20 - 10:55</td></tr>
<tr><td>第五節</td><td>10:55 - 11:30</td></tr>
<tr><td></td><td>11:30 - 11:50</td><td colspan="5">樂休/基小舞台/健康生活(20 分鐘)</td></tr>
<tr><td>第六節</td><td>11:50 - 12:25</td><td colspan="5">中文、英文、數學、常識、(P.1、2、4、5 人文、科學)
普通話、視藝、音樂、體育、資訊科技、圖書、聖經</td></tr>
<tr><td>第七節</td><td>12:25 - 1:00</td><td colspan="5">中文、英文、數學、常識、(P.1、2、4、5 人文、科學)
普通話、視藝、音樂、體育、資訊科技、圖書、聖經</td></tr>
<tr><td></td><td>1:00 - 2:05</td><td colspan="5">午膳　及　午休</td></tr>
<tr><td>第八節</td><td>2:05 - 2:35</td><td>綜合課/
午會</td><td>閱讀課
(中英)</td><td>班級經營/
成長課</td><td rowspan="2">OLE
閃耀課程</td><td rowspan="2">2：05
放學</td></tr>
<tr><td>第九節</td><td>2:35 - 3:15</td><td>功輔/提升/
基礎/保底/
增潤</td><td>功輔/提升/
基礎/保底/
增潤</td><td>功輔/提升/
基礎/保底/
增潤</td></tr>
<tr><td></td><td>3:15 後</td><td>MIC 多元
智能課程</td><td>非華語
新來港支援</td><td colspan="2">MIC 多元智能課程</td><td>教師專業發展</td></tr>
</table>

2026-2027 Academic Year Timetable

<table>
<tr><td>Class</td><td></td><td>Monday</td><td>Tuesday</td><td>Wednesday</td><td>Thursday</td><td>Friday</td></tr>
<tr><td></td><td>08:00 - 08:15</td><td colspan="5">Morning Assembly / Morning Exercise / Devotion / Flag-Raising Ceremony</td></tr>
<tr><td></td><td>08:15 - 08:25</td><td colspan="5">Class Teacher Time</td></tr>
<tr><td>1st Period</td><td>08:25 - 09:00</td><td colspan="5" rowspan="2">Chinese, English, Mathematics, General Studies,
(P.1, P.2, P.4, P.5 Humanities, Science)
Mandarin, Visual Arts, Music, Physical Education (PE), Information Technology (IT),
Library, Bible Studies</td></tr>
<tr><td>2nd Period</td><td>09:00 - 09:35</td></tr>
<tr><td></td><td>09:35 - 09:45</td><td colspan="5">Recess (10 minutes)</td></tr>
<tr><td>3rd Period</td><td>09:45 - 10:20</td><td colspan="5" rowspan="3">Chinese, English, Mathematics, General Studies,
(P.1, P.2, P.4, P.5 Humanities, Science)
Mandarin, Visual Arts, Music, Physical Education (PE), Information Technology (IT),
Library, Bible Studies</td></tr>
<tr><td>4th Period</td><td>10:20 - 10:55</td></tr>
<tr><td>5th Period</td><td>10:55 - 11:30</td></tr>
<tr><td></td><td>11:30 - 11:50</td><td colspan="5">Joy Break / Kei To Small Stage / Healthy Living (20 minutes)</td></tr>
<tr><td>6th Period</td><td>11:50 - 12:25</td><td colspan="5">Chinese, English, Mathematics, General Studies,
(P.1, P.2, P.4, P.5 Humanities, Science)
Mandarin, Visual Arts, Music, Physical Education (PE), Information Technology (IT),
Library, Bible Studies</td></tr>
<tr><td>7th Period</td><td>12:25 - 1:00</td><td colspan="5">Chinese, English, Mathematics, General Studies,
(P.1, P.2, P.4, P.5 Humanities, Science)
Mandarin, Visual Arts, Music, Physical Education (PE), Information Technology (IT),
Library, Bible Studies</td></tr>
<tr><td></td><td>1:00 - 2:05</td><td colspan="5">Lunch & Lunch Break</td></tr>
<tr><td>8th Period</td><td>2:05 - 2:35</td><td>Comprehensive Class / Afternoon Assembly</td><td>Reading Class (Chinese & English)</td><td>Class Management/ Growth Class</td><td rowspan="2">OLE Programme</td><td rowspan="2">2:05 Dismissal</td></tr>
<tr><td>9th Period</td><td>2:35 - 3:15</td><td>Homework Tutorial / Enhancement / Foundation / Remedial / Enrichment</td><td>Homework Tutorial / Enhancement / Foundation / Remedial / Enrichment</td><td>Homework Tutorial / Enhancement / Foundation / Remedial / Enrichment</td></tr>
<tr><td></td><td>After 3:15</td><td>MIC Multiple Intelligence Classes</td><td>Non-Chinese Speaking/ New Arrival Support</td><td colspan="2">MIC Multiple Intelligence Classes</td><td>Teacher Professional Development</td></tr>
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